

## CLARIFYING YOUR WORK VALUES: WHAT'S MOST IMPORTANT TO YOU

Values are a set of standards that determine what is important to you. Looking at your values can help lay the foundations for considering your career choices. There are no wrong or right answers; your values are what matter to you.

*Circle 10-20 values in total that are important to you. You can choose any number from each section, but try not to exceed 20 in total. Cross out any values you feel strongly do not fit with you. Your gut response is often the best! If there are any values missing that are important to you please note under 'other values'.*

WORK CONTENT	WORK ENVIRONMENT	WORK RELATIONSHIPS	CORE VALUES
challenging	flexible	teamwork	integrity
opportunity to lead	quiet	honesty	achievement
creative	noisy	caring	respect
variety	freedom	competitive	responsibility
ability to take risks	security	open	power
constantly changing	happy	respectful	influence
detailed	action-oriented	diverse	appreciation
social activities	structured	collaborative	helping
learning	casual	humour	belonging
focussed	exciting	harmony	equality
gaining knowledge	pressurised	autonomy	independence
being in control	predictable	recognition	contributing
adventurous	comfortable	support	status
helping others	high salary	communication	authenticity
Initiating things	nice location	people contact	commitment
leading edge	relaxed pace	independence	balance
accountable	public contact	fun	honesty
working in a team	organized	trust	having an impact
goal focussed	disciplined	comfortable	fairness

**Other values:**

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**YOUR TOP 10 VALUES - AND YOUR DEFINITION OF EACH VALUE**

TOP 10 VALUES	YOUR DEFINITION